

Art of Expression: Materials List

Please bring the following materials to the workshop:

Canvas:

- One **pre-stretched, pre-gessoed canvas**, anywhere from **16"x20" or 18"x24" to 24" x 24"** (if you like squares)

Acrylic Paint:

Shop Your Studio First. Before buying new supplies, check what you already own! Feel free to bring your existing acrylic collection—any brand or viscosity will work perfectly for this expressive workshop.

The 5 Core Basics (Heavy-Bodied)

Buy heavy-bodied tubes for these if purchasing new. They block out canvas quickly and mix cleanly.

- **Titanium White**
- **Carbon Black**
- **Primary Red** (e.g., Cadmium Red Medium)
- **Primary Yellow** (e.g., Cadmium Yellow Medium)
- **Primary Blue** (e.g., Ultramarine Blue)

2–3 Additional colors-your choice (Fluid)

Buy fluid bottles for these if purchasing new. Ideas could include earth tones like Yellow Ochre and Burnt Sienna, and/or bold expressive colors like Teal or Pthalo Turquoise. You could also just use other shades of red such as Quinacridone Magenta or Alizarin Crimson, other shades of yellow such as Hansa Yellow Light or Lemon Yellow or other shades of blue such as Cerulean Blue or Phthalo Blue .

- **Fluid Color 1:** [Your Choice]
- **Fluid Color 2:** [Your Choice]
- **Fluid Color 3:** [Your Choice]

Acrylic Medium (Pick ONE): This thins your paint into smooth, see-through layers without weakening the paint or making it streaky like water does.

Acrylic glazing, matte, or gloss medium

Paper for Exploration

- **4-6 sheets of watercolor or mixed-media paper**, approximately **9" × 12" to 12" × 18"**

Brushes & Painting Supplies

- At least **8–10 brushes** in a variety of shapes and sizes, including one small pointed brush
- Palette or disposable palette paper
- Water container
- Paper towels and/or rags
- Fine-mist spray bottle

Tools for Making Marks

Bring a few simple tools or found objects to experiment with, such as old pens, cardboard, sponges, combs, bottle caps, bubble wrap, stamps, scrapers, palette knives, or other household objects. **No need to buy anything special.**

Optional

- Barrier cream or gloves
- Apron or clothes you don't mind getting paint on

Most importantly, bring materials you feel comfortable experimenting with and using freely.